

VANITY FAIR



PAMPERING HAVEN

Lounge at the Mayflower Inn & Spa;
below, the pool room.



Mayflower Retreat

CONNECTICUT'S POSH INN UNVEILS ITS NEW SPA

Imagine being transported to a kind of heaven on earth and surrendering yourself to an all-inclusive indulgence for body, mind, and spirit where the people running the show really can do it better than you could do it yourself. Imagine it—and it exists. It is a Mnuchin-family affair; in 1992 former Goldman Sachs partner **Robert Mnuchin** and his wife, **Adriana**—founder of the Tennis Lady and Cashmere-Cashmere retail chains—bought and meticulously restored the 30-room **Mayflower Inn & Spa**, which sits on 58 acres and encompasses Blue Heron Pond, in bucolic Washington, Connecticut. Now Adriana and daughter **Lisa Hedley** are taking it further—creating “an oasis, like a private spa in a private home,” says Adriana. Personal and intimate, the spa will offer a Sunday-to-Friday retreat for 28 guests at a time. “Our programs are geared towards a balanced sense of physical, emotional, and spiritual comfort for people who demand the most of themselves,” says Adriana. “It is like an English-country-house hotel—combined with American expectations of nice bathrooms and good food.” And it is infused with poetry and fine art—Mnuchin co-owns L&M Arts, a gallery in New York City. “The spa is a place with its own sense of self,” says Hedley.

—A. M. HOMES