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Idyllic New England

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Want to feel as though you've been enveloped in a fluffy, cumulus cloud? Look no further than the **MAYFLOWER INN & SPA** in Washington, Connecticut. A brand new addition to this classic New England inn, the spa is the stuff of dreams: Think 30 rooms and suites draped in luxurious fabrics, 58 sprawling acres dotted with Japanese maples, and a phenomenal art collection including an original DeKooning. Classes range from the meditative, such as music therapy, to the active, including fly-fishing, canoeing, cycling, and hiking in the nearby Steeprock Reserve. (860) 868-9466, www.mayflowerinn.com — NICOLE ALPER